

Curriculum
Connection
February
2018



Building Friendships

During the month of February, children in our Montessori Preschool will work on the skills necessary to build lasting friendships. Children will explore and celebrate their culture and the culture of their classmates as they learn about what makes them alike and what makes them different. They will learn about how different thoughts and opinions can work together to help communities, including the classroom community, function

February Kids of Character Empathy

Self-regulation skills are the foundation for empathy. By learning to calm themselves, regulate emotions, delay gratification, persevere, and stay focused on the right things, children develop the skills which allow them to look beyond themselves.

At home, you can help teach your child empathy by:

- Noticing your child's feelings and talking about them. Help them increase their vocabulary to talk about their emotions.
- Tell stories that help children see the world from the perspective of others.
- Talk about times that you have shown empathy, along with times you have forgotten to show empathy.

